

Friday, May 29 – On-Water Kayak Classes

PRE-REGISTRATION REQUIRED

Fee: \$20/Class; Registration available at Columbia Kayak Adventures – 509-947-5901

Classes will be held at Howard Amon Park

Kayaks & gear provided – Personal Kayaks and Gear welcome & encouraged!

Friday Time	Class	Instructor
9:00-11:00	Strokes/Maneuvers	Pat Welle
	Greenland Kayaking	Tim Mattson
	Edging, Balance & Currents	Don Beale
11:30-1:30	Strokes/Maneuvers	Tim Mattson
	Greenland Kayaking	Don Beale
	Beginning Kayaking	Joanne Barta
2:00-4:00	Rescues & Towing	Tim Mattson
	Beginning Kayaking	Joanne Barta
	Rolling	All

Class Descriptions

Strokes/Maneuvers: Fine-tune your forward, turning and side strokes for maximum efficiency – learn to better control and move your boat. Individual review of strokes, and blending stroke techniques. Some experience/training expected.

Greenland Kayaking – Learn the Greenland Paddle and how to use it; class emphasis is on full range of Greenland-style strokes and braces; rolling with GP introduced. Paddles provided.

Edging, Balance & Currents – Learn to use the kayak edges for boat control, turning and maneuvers. Side strokes reviewed and balance exercises used to improve comfort and skills. Using these techniques in small currents will be practiced. Some experience/training expected.

Beginning Kayaking – For the novice or little-experienced – introduction to touring kayaks, forward stroke and turning strokes. Rescues and safety techniques demonstrated and encouraged to try.

Rescues and Towing – Learn and refine your assisted and solo rescues; practice both under controlled conditions. Learn techniques to tow other paddlers. Wet suits and tow equipment provided.

Rolling – Learn and Practice the Eskimo Roll; a more efficient rescue!

Instructors

<p>Tim Mattson - is a “born again” paddler, a kayak instructor (ACA level 5), and an instructor trainer (ACA level 3). He has paddled in exciting places around the world including Australia, Scandinavia, Baja, Alaska and the Pacific Northwest. To support his kayaking obsession, Tim works as a professional scientist with a background in molecular physics and computational chemistry.</p>	<p>Pat Welle – is a local kayak instructor (ACA level 4) who has been teaching and touring for six years. She has paddled in Scotland, Southern Chile and many wonderful locations in the Pacific Northwest. She is the owner of Columbia Kayak Adventures.</p>
<p>Don Beale – is a Greenland Paddle maker and Greenland Kayak Instructor. He teaches through the Oregon Ocean Paddling Society in Portland, and at Traditional Inuit Symposiums.</p>	<p>Joanne Barta – is the President of the Oregon Ocean Paddling Society in Portland, an ACA Level 3 instructor, and has been leading tours and teaching for several years. She has also an active Greenland paddler who has built a skin-on-frame boat and carved paddles.</p>